



Gratitude  
Journal



This book belong to:



GRATITUDE

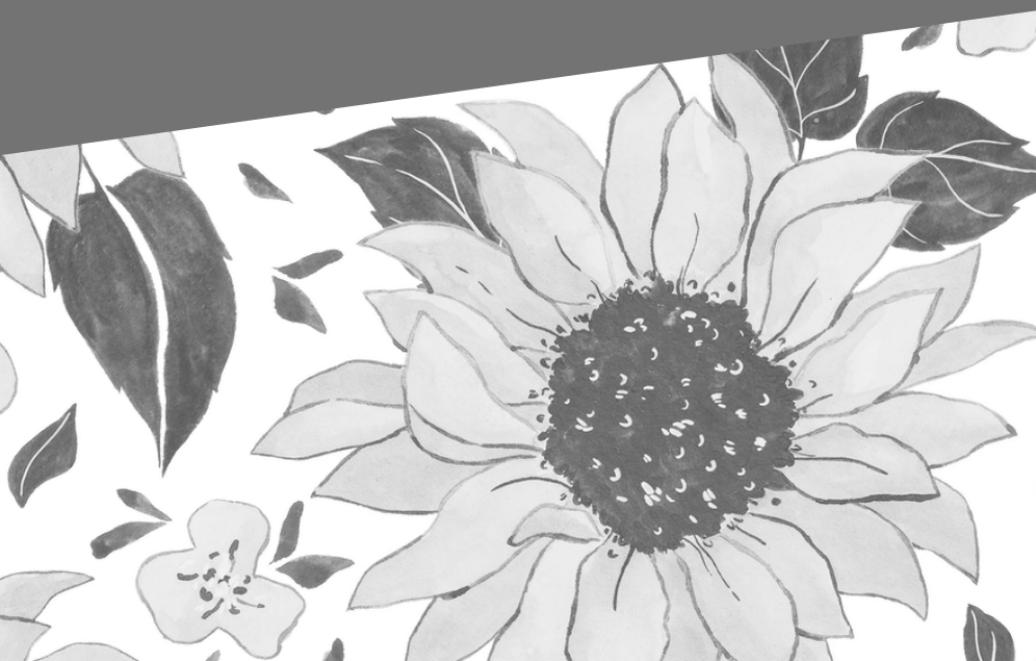
# JOURNAL





GRATITUDE

# JOURNAL



# GRATITUDE JOURNAL

TODAY'S VERSE

3 THINGS YOU ARE GRATEFUL FOR TODAY

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3 GOOD THINGS HAPPENED TODAY

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NOTES / REMINDERS

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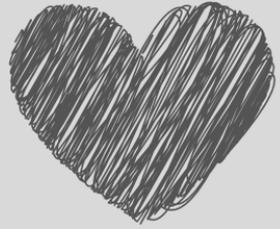
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# GRATITUDE REMINDER



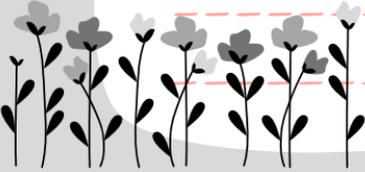
- Today's verse



Three horizontal dashed red lines for writing the verse.

- I am grateful for

Three horizontal dashed red lines for writing the response.



- Notes

A large white rounded rectangle for writing notes.



"Move forward.  
Good things  
are up ahead."



DATE: \_\_\_\_\_

## GRATITUDE REFLECTION



WRITE AND DRAW WHAT YOU ARE GRATEFUL FOR TODAY:

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DESCRIBE WHAT YOU LOVE ABOUT YOURSELF:

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DESCRIBE WHAT YOU ARE EXCITED ABOUT:

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